

## My Girl Scout Silver Project

Hi, my name is Alyssa and I am a Cadette level Girl Scout. I wanted to earn my Silver Award. My original plan for my Silver had to be reconsidered due to the recent lockdowns. As a Girl Scout, I saw that many elderly citizens had trouble getting what they needed and that they couldn't go out as often due to concerns related to coronavirus. The City of Longmont had been holding mask drives near our city's rec center and I was eager to help. This is how I made 30 masks to donate for our elderly citizens.

How I sewed 30 homemade masks to donate to the City of Longmont for Senior Services.

### Materials needed:

- Cloth (at minimum 9x18") such woven cotton, broadcloth, t-shirt knits, bed sheets/pillowcases
- Ties such as bias tape, cotton twill tape, shoelaces, sturdy ribbon
- Sewing machine, needle, thread and scissors
- Iron is useful

### Instructions

1. Cut cloth into a rectangle of 9" x 18"



2. Fold both long sides of rectangle to make a ¼" fold, press and stitch in place. Do the same on both short sides of rectangle.
3. Pleats are easiest with an iron and ruler or making a pattern as demonstrated on [www.makemasks.org](http://www.makemasks.org) web site. I did it by measuring 2" from the top of the mask (it doesn't matter which end of the rectangle you do this but it should be the long side). Fold and press. Pinch and fold over a ½" to form the first pleat. Continue to do this so that you have 2-3 pleats.



4. Top stitch the pleats in place or if you have access to a serger, I serged the short sides to keep the pleats in place.



5. Fold the triangle into 3rds except one side will come about 5" in and the other side 3" in. This makes a slip opening to put a filter in if desired. Pin the long and top stitch  $\frac{1}{2}$ "- $\frac{3}{4}$ " from the folded sides along the long top and bottom.



6. On each side, sew from top to bottom about  $\frac{1}{2}$ "- $\frac{3}{4}$ " on the sides. This is the tunnels for the tie to pass through.



7. Insert tie down one side an up the other side so that the tie forms a U at the bottom of the mask.



8. Now it's ready to wear.

This pattern was revised version of the Clover Mask Pattern that can be found at [www.makemasks.org](http://www.makemasks.org)

**How to care for your mask:**

[how clean your mask safely](#)