



# Tours for Girl Scouts

Learn more at  
[eftours.com/girlscouts](http://eftours.com/girlscouts)  
or call 800-457-9023

## COSTA RICA: A TOUCH OF THE TROPICS

9 or 10 days | Costa Rica

Delve into an ecological paradise, walk amid lush rainforests, and beneath towering volcanoes in enchanting Costa Rica. Transport your troop deep into a misty cloud forest, get up close to the world's most magnificent plant and animal habitats, and see sensational waterfalls and hot springs. From beginning to end, experience natural beauty and thrilling adventures beyond what you ever imagined.

### EVERYTHING YOU GET:



**Full-time Tour Director**



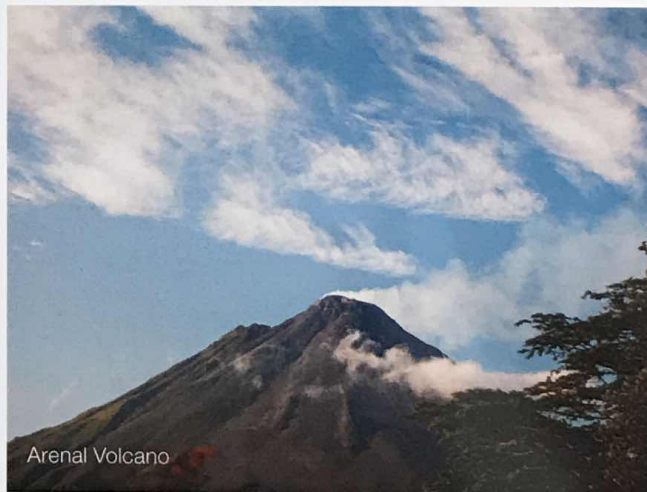
**Entrances:** Coffee tour; Poás Volcano; Hot springs; Kayaking tour; La Fortuna Waterfall; Santa Elena Cloud Forest; Canopy tour; Manuel Antonio National Park; Aerial tram; Crocodile River tour; Ox cart painting; *With extension: Whitewater rafting*

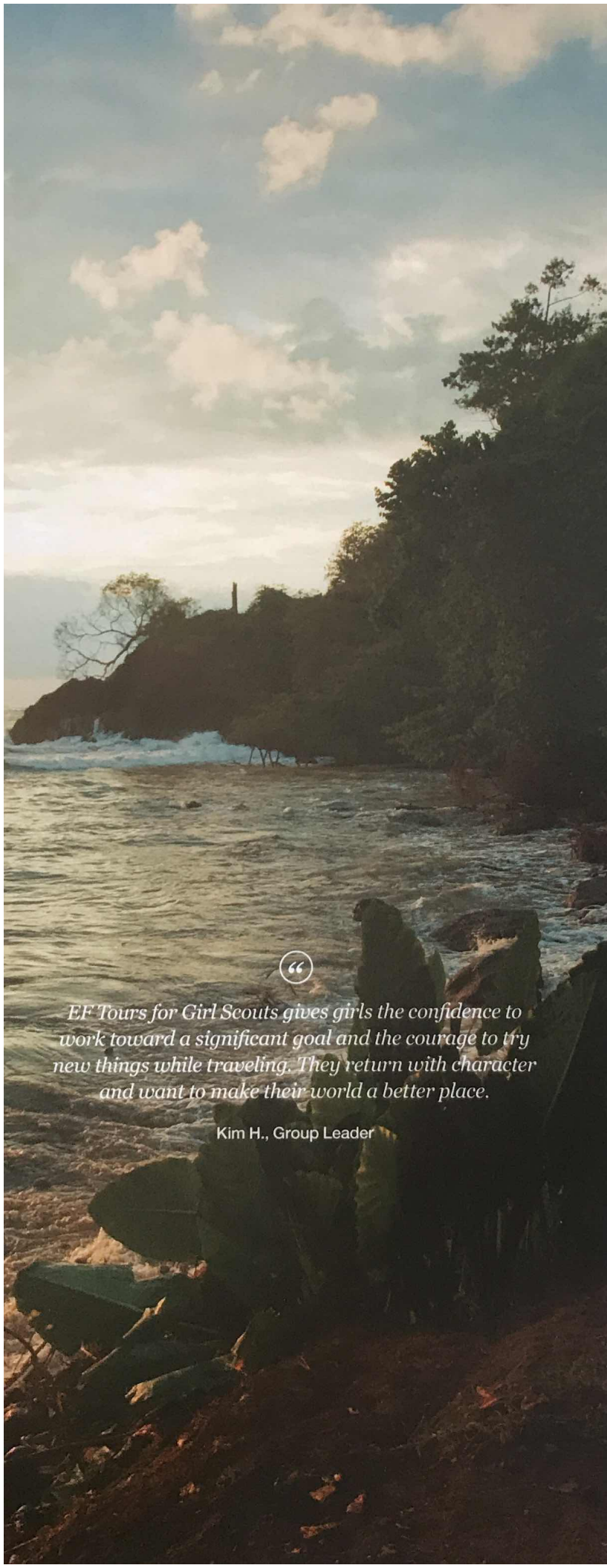


**Service learning:** Cultural activity with local community; Tree planting in Monteverde



**All of the details are covered:** Round-trip flights on major carriers; Comfortable motorcoach; 8 overnight stays in hotels with private bathrooms (*9 with extension*); 3 meals daily, dinner on arrival day and breakfast on departure day





*EF Tours for Girl Scouts gives girls the confidence to work toward a significant goal and the courage to try new things while traveling. They return with character and want to make their world a better place.*

Kim H., Group Leader

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#### **DAY 1: FLY TO COSTA RICA**

- Meet your Tour Director at the airport in San José

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#### **DAY 2: ARENAL REGION**

- Start the day with a coffee tour and learn how Costa Rica's plantations produce some of the world's best beans. Explore the supply chain of the famous Costa Rican coffee bean, from the fields where it's grown to the cafes where it's brewed, and discover the essential role coffee plays in the country's agriculture and economy.
- Travel to the Arenal region and get ready for an adventure to remember. Behold the perfect conical shape that emerges from the green hills of Alajuela: the fascinating Arenal Volcano. Overlooking the San Carlos plain and the Pacific lowlands, this mile-high volcano has been active for the past 7,000 years. Take in your own breathtaking view of the volcano from the water, during your kayaking excursion. Not only does the volcano serve as a watershed for the lake, but it also provides thermal energy for the nearby hot springs.
- Visit Poás Volcano

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#### **DAY 3: ARENAL REGION**

- Take a kayaking trip on Lake Arenal
- Visit La Fortuna Waterfall
- Enjoy the hot springs
- Participate in a cultural activity with local community

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#### **DAY 4: MONTEVERDE**

- Travel to Monteverde, the Green Mountain region situated near the Continental Divide that contains a spectacular range of flora and fauna in six distinct ecological zones.
- 📍 Local farm visit in Monteverde

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#### **DAY 5: MONTEVERDE**

- Visit the Santa Elena Cloud Forest
- Leave a positive mark on the earth by planting a tree in the EF reserve in Monteverde with your troop
- Experience a canopy tour

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#### **DAY 6: CENTRAL PACIFIC COAST**

- Travel to the Central Pacific Coast
- Enjoy lunch at Rainforest Adventures Park, an ecological reserve. After lunch, take a two-hour hike into the depths of the rainforest where exotic wildlife and tropical plants introduce an incredible landscape of sounds, colors and sights. As you ride the aerial tram, you'll also experience a birds-eye-view from above the beautiful canopies. When you emerge from the rainforest, head to another paradise: the butterfly garden. There you'll see one of nature's most artistic masterpieces as you observe the intricate designs and colors of butterfly wings.
- Experience a Crocodile River Tour for the chance to get up close with crocodiles, exotic birds, monkeys, and iguanas as you cruise through mangrove forest canals.

**DAY 7: CENTRAL PACIFIC COAST**

– Visit Manuel Antonio National Park, the country's most visited national park home to more than 100 mammal species and Costa Rica's last refuge for the endangered titi monkeys.

**DAY 8: SAN JOSÉ**

– Travel via Sarchi to San José  
– Participate in ox cart painting activity  
• Folklore evening

**DAY 9: DEPART FOR HOME**

**EXTENSION DAYS**

**DAY 9: SAN JOSÉ**

– Take a whitewater rafting excursion on the Sarapiquí River


**DAY 10: DEPART FOR HOME**

Itinerary subject to change. For complete financial and registration details, please refer to the Booking Conditions.



**TOP THREE THINGS I WILL SEE, DO, TRY OR EXPLORE**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

 Via Instagram